

MBD 3:21 Retreat

Tentative Itinerary (Maximum 4 couples)

Thursday Evening

6:00 - 7:30pm Check-in

8:00pm - ? Meet at Fire Pit / outside next to house

Friday

8:00am Breakfast starts

9:00am - 1:00pm One on One Life Coaching (1 hour sessions per couple)

1:00pm - 8:00pm Wise time! (in other words spend time wisely: eat lunch and/or supper, communicate, work on assignments)

(Additional life coaching will be available at your request)

8:00pm Group Session

Saturday

8am Breakfast starts

9am - 1pm One on One Life Coaching (1 hour sessions per couple)

Free Time

3 - 5pm Group Session

5pm - ??? **DATE TIME!**

Get ready cause tonight's gonna be a good night!

Sunday

Check out by noon

Cost: \$400 (includes 3 nights stay and 3 Breakfasts)

What to Bring : Comfortable clothing for lounging around, special clothing for date night, any snacks or drinks you choose, Bible, notebook, pen, maybe a jacket or sweatshirt for the evenings. Check the weather forecast for the weekend.

Date Night: Make it Special!!! Dress up, smell good, as if it's your first date and want to impress! Make it great. Be your best. We can make reservations for you, if you wish and offer suggestions.

Conversations on this evening are not to include kids, finances, your job, etc. Just the Two of You!